




OFFICER
MEDIA GROUP
OFFICER.COM OFFICER

DEFENSIVE TACTICS INTRODUCTION


1



- ▶ MOVE: Motionless Operators Ventilate Easily -Tom Perroni
- ▶ Get off the X - James Yeager
- ▶ Moving targets are harder to attack / hit
- ▶ 20% hit rate in actual shootings - FBI data

DEFENSIVE MOVEMENT


2



- ▶ Any redirection or movement of the target is good/beneficial
- ▶ The miss is all that matters, no matter how you make it occur
- ▶ In relation to Boyd's Cycle: Your position is part of the opponent's observation/orientation
- ▶ By changing your position you slow down the attacker's action

DEFENSIVE MOVEMENT

3



- ▶ Reality is always different from the square range
- ▶ Lateral movement may not be the better option as compared to "Bug out"
- ▶ Incoming rounds slows down / redirects EVERYONE if they're rational


DEFENSIVE MOVEMENT

4



PERSONAL BODY WEAPONS

5




- ▶ Not every weapon you have is on your equipment belt
- ▶ Control holds have limited application in circumstance
- ▶ In a fight, strikes are applicable but must be applied correctly
- ▶ Hands, Elbows, Knees, feet, head - nine personal weapons

PERSONAL BODY WEAPONS

6

- ▶ ALL use of force is based on proper application and justification
- ▶ Palm strike to the head - front hand, distractionary - rear hand for true impact energy
- ▶ Elbow strike might be more applicable at closer distance
- ▶ Pull head, swing elbow - create a "head on" collision with your elbow


PERSONAL BODY WEAPONS



7


- ▶ "Where the head goes, the body follows"
- ▶ Grab and pull them into the inward knee strike - strike to large thigh muscle group, lower abdomen
- ▶ Low roundhouse kick with shin/top of instep to large thigh muscle group

PERSONAL BODY WEAPONS



8

FIGHTING FROM THE CLINCH




9

▶"Clinch" is simply a stand up grappling situation - often neglected

▶First step to escape the clinch is combative strikes - knees are quick and easy

▶Close in fighting from the clinch: elbows and knees are high power strikes




FIGHTING FROM THE CLINCH

10

▶Drive up w/ strong hand, pull opponent's elbow down with support hand and step back with support side foot

▶Danger from Mui Thai clinch - opponent has control of officer's head. Strikes soon to follow.

▶To escape, put both hands OVER opponent's arms, under the opponent's chin, push and extend



FIGHTING FROM THE CLINCH

11