

OFFICER VIRTUAL ACADEMY

COURSE SYLLABUS:

Defensive Tactics Introduction



Course Location:

This is a virtual course, offered online only and available to registered users of the Officer Virtual Academy at all times.

Instructor Information:

Lt. Frank Borelli - LE Instructor / Editorial Director

With over 35 years of operational experience and more than 30 years of instructional experience, Lt. Borelli has taught programs involving firearms, defensive tactics, officer survival, active shooter response and more to officers from all levels of government to include city, county, state, federal and military. He remains active in law enforcement, continually training and being trained to keep his skills up to date and sharp.

Sgt. Richard Nance – LE Instructor / SWAT experience / TV personality

Richard Nance is a veteran police officer and former SWAT team leader. He is the co-owner of WARTAC, a company that provides training in firearms, tactics, and personal defense. Nance cohosts Handguns & Defensive Weapons, a new television series on the Sportsman Channel.

Course Description:

In this course, Instructors Borelli and Nance discuss the realities of in-person, hand to hand conflicts. The concerns regarding the dynamics of such situations, potential dangers and methods for decreasing risk are discussed. If conflict becomes necessary, personal body weapons, types of strikes, methodology for application and fighting from extreme closer quarters are discussed. Techniques are demonstrated.

Prerequisites:

There are no prerequisites for attending this program.

Course Sequencing:

This course is a personal-knowledge-only (no continuing education or in-service credits) program. It is recommended that the student officer view/attend the following courses before viewing this one:

Boyd's Cycle Applied to Conflict Survival
General Defensive Tactics Introduction

OFFICER VIRTUAL ACADEMY

COURSE SYLLABUS:

Defensive Tactics Introduction



Course Objectives:

- Upon completion, the student officer will be able to identify and articulate the hazards of standing still in a confrontation
- Upon completion, the student officer will be able to articulate how movement works against an opponent's decision making cycle, negatively impacting their fight effectiveness
- Upon completion, the student officer will be able to articulate the strengths and weaknesses of direct movement to or from the opponent versus lateral movement
- Upon completion, the student officer will be able to articulate the benefit of creating obstacles between self and opponent
- Upon completion, the student officer will be able to identify nine personal body weapons
- Upon completion, the student officer will be able to identify the most effective strikes at clinch-distance
- Upon completion, the student officer will be able to articulate two methods of escaping from a clinch

Course Materials:

Course Syllabus

Course Introduction

PDF Handout of PowerPoint Slide presentation

PowerPoint Show with information from course videos

Three course videos:

officer.com/11313792	6 minutes	Defensive Movement
officer.com/11276446	6 minutes	Personal Body Weapons
officer.com/11254458	4 minutes	Fighting from the Clinch

Additional Resources:

officer.com/10989655	Defensive Tactics Come of Age	(article)
officer.com/10248817	How Effective are Your Defensive Tactics?	(article)
officer.com/10249379	Sun Tzu and the Art of Defensive Tactics	(article)
officer.com/12115287	Get Ready to Fight	(article)
officer.com/21007204	Train to Take the Gun Away	(article)
officer.com/12072303	The Distraction Strike	(article)
officer.com/10724854	The Fighting Stance	(article)
officer.com/10249034	Control Holds	(article)