

OFFICER VIRTUAL ACADEMY

COURSE SYLLABUS:

General Defensive Tactics Introduction



Course Location:

This is a virtual course, offered online only and available to registered users of the Officer Virtual Academy at all times.

Instructor Information:

Lt. Frank Borelli - LE Instructor / Editorial Director

With over 35 years of operational experience and more than 30 years of instructional experience, Lt. Borelli has taught programs involving firearms, defensive tactics, officer survival, active shooter response and more to officers from all levels of government to include city, county, state, federal and military. He remains active in law enforcement, continually training and being trained to keep his skills up to date and sharp.

Sgt. Richard Nance – LE Instructor / SWAT experience / TV personality

Richard Nance is a veteran police officer and former SWAT team leader. He is the co-owner of WARTAC, a company that provides training in firearms, tactics, and personal defense. Nance cohosts Handguns & Defensive Weapons, a new television series on the Sportsman Channel.

Course Description:

In this course, Instructors Borelli and Nance discuss the use of Realistic but inert and safe training weapons; the Tueller Drill; fighting on the ground versus standing and general Body Mechanics.

Prerequisites:

There are no prerequisites for attending this program.

Course Sequencing:

It is recommended that this course be viewed after "Boyd's Cycle Applied to Conflict Survival." The student will benefit from understanding the full impact of Boyd's Cycle on conflict situations as they view the observations about lethal force and defensive tactics scenarios.

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Course Objectives:

- The student will understand and be able to articulate the value of inert training weapons
- The student will understand and be able to articulate the value of projectile firing training weapons
- The student will understand the value of using training weapons as early in a basic academy setting as possible
- The student will understand the basic concepts of threat vs time and distance as applied to edged and/or bludgeon weapons
- The student will understand and be able to articulate the value of obstacles and avoidance in relation to edged/bludgeon weapons attacks
- The student will understand the basic concepts of defending against an attack from a grounded position
- The student will understand and be able to articulate the difference between body mechanics and pain compliance as related to suspect control
- The student will understand and be able to articulate examples of circumstances that can increase a subject's pain threshold

Course Materials:

Course Syllabus

Course Introduction

PDF Handout of PowerPoint Slide presentation

PowerPoint Show with information from course videos

Four course videos:

officer.com/11324806	6 minutes	Realistic Training Weapons
officer.com/11308865	8 minutes	Tueller Drill
officer.com/11122790	4 minutes	Grounded vs Standing
officer.com/10953091	4 minutes	Body Mechanics Techniques

Additional Resources:

officer.com/10989655	Defensive Tactics Come of Age	(article)
officer.com/10248817	How Effective Are Your Defensive Tactics?	(article)
officer.com/10249379	Sun Tzu and the Art of Defensive Tactics	(article)
officer.com/12115287	Get Ready to Fight	(article)
officer.com/12166200	Argument for Pushing the Training Realism Envelope	(article)