



**OFFICER**  
**MEDIA GROUP**  
OFFICER.COM OFFICER

**IN-HAND  
HANDGUN  
RETENTION**

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- ▶ DO NOT practice these techniques with your duty weapon or other live weapon
  - ▶ Make sure you're practicing these techniques with a practice handgun
- ▶ "Just shoot them off" is NOT a universally applicable method of retention

**IN-HAND HANDGUN RETENTION**

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- ▶ Method of retention should not depend on HOW it's grabbed
- ▶ Push/Pull method: DRIVE forward with a lunge - body weight behind the lunge
- ▶ Twist and pull back as opponent is beginning to resist the push motion

**IN-HAND HANDGUN RETENTION**

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- ▶ Pry method - after push/pull, use support arm for prybar and pull away
- ▶ Make distance. Perform malfunction drill to insure weapon effectiveness

IN-HAND HANDGUN RETENTION

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IN-HAND HANDGUN RETENTION ON THE GROUND

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- ▶ On your back, on the bottom in the mount position
- ▶ Advantage of officer is having the handgun in the strongest grip position - holding it by the grip
- ▶ Insure stable base by raising knees and planting feet

IN-HAND HANDGUN RETENTION ON THE GROUND

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- ▶ Push gun with both hands to force opponent off-center and off-balance to one side or the other
- ▶ Same prybar / pull method of getting opponent off the handgun
- ▶ Open side of opponent for engagement as necessary



IN-HAND HANDGUN RETENTION ON THE GROUND

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