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10 DEADLY ERRORS REVIEW

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- ▶ Ten Deadly Errors documented over 40 years ago
- ▶ ALL training and "lessons learned" should be evolutionary
- ▶ Various trainers and resources list the deadly errors in different orders
- ▶ TWELVE Deadly Errors included here
- ▶ Prioritized in this course in order from taking care of yourself to taking care of your equipment to how you act on the street


TEN OR TWELVE?



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- ▶ "Not enough rest" includes being asleep – NEVER sleep on the job
- ▶ Being sleepy or fatigued inhibits your ability to be alert and slows down your reaction time to threats
- ▶ Lack of adequate sleep can negatively affect judgment, mood, ability to retain information

NOT ENOUGH REST



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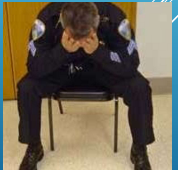

- ▶ Lack of adequate sleep may increase chance of accidents and injury
- ▶ Chronic sleep deprivation may cause other health problems to include:
 - ▶ Obesity
 - ▶ Diabetes
 - ▶ Heart disease
 - ▶ High blood pressure
 - ▶ stroke



NOT ENOUGH REST

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- ▶ Most obvious reason to maintain a high level of physical fitness is to be able to survive violent conflict
- ▶ Most obvious reason to maintain emotional fitness is to mitigate negative health impacts of emotional injury or trauma
- ▶ Failure to maintain emotional fitness can lead to stress disorders, other mental health issues, substance abuse and more



FAILURE TO MAINTAIN PHYSICAL / EMOTIONAL FITNESS

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- ▶ Eat reasonably healthy (don't survive on junk food and caffeine)
- ▶ Exercise at least three days per week: strength, cardiovascular and flexibility
- ▶ Do NOT overwork yourself. Make full use of time off
- ▶ Schedule time and events to enjoy your hobbies, support team (family/friends), and any spiritual support you choose



FAILURE TO MAINTAIN PHYSICAL / EMOTIONAL FITNESS

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- ▶ When you're at work focus on work
- ▶ Every life has challenges; but you have to survive work to meet other challenges
- ▶ Your attitude is projected and it takes a positive attitude to project a professional image

ATTITUDE

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- ▶ Recognize when your attitude isn't what it should be and adjust accordingly
- ▶ If you absolutely can't achieve a proper work/positive attitude, take the mental health day (sick day)
- ▶ Anything that distracts you from your professional focus falls under this category of "attitude." That would also include social media, games, personal business on duty, etc.



ATTITUDE

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- ▶ Just because it hasn't been fired doesn't mean it's clean
- ▶ Even unfired weapons require maintenance
- ▶ Safely unload, field strip, clean, reassemble, function test and then load your weapon.
- ▶ If you discover any functional deficiencies during the process, report such immediately to your agency armorer/staff for repair or replacement before working your next shift

DIRTY OR INOPERABLE WEAPON

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- ▶ This applies to ALL equipment you depend on:
 - ▶ Magazines
 - ▶ Handcuffs
 - ▶ Radio
 - ▶ Shotgun/Rifle
- ▶ Maintain proficiency with weapons and tools
- ▶ Practice techniques with fellow officers, squad members, partner



DIRTY OR INOPERABLE WEAPON

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- ▶ Used to be just "wear your seatbelt"
- ▶ Then was a debate when "only cowards wear body armor"
- ▶ Now includes seatbelt, vest, gloves, eyewear, hearing protection
- ▶ Recognize the difference between equipment that protects you from physical injury and health threat (gloves, mask)



FAILURE TO WEAR/USE PERSONAL PROTECTIVE EQUIPMENT (PPE)

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- ▶ The days of "one riot, one trooper" are long gone
- ▶ Overwhelming force often neutralizes challenges/problems before they develop
- ▶ Always strive to have at least one more officer than the number of subjects on a given scene
 - ▶ While this isn't always possible, strive for it. Make being outnumbered the exception, not the rule
- ▶ Don't rush into a situation if circumstances permit waiting for backup

TOMBSTONE COURAGE

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- ▶ On any approach and constantly through any scene, evaluate your position and that of your fellow officers
- ▶ Know and recognize the difference between cover, concealment, obstacles
- ▶ Identify which is available to you at any given moment in case things go sideways
- ▶ Avoid being in a position of disadvantage

TAKING A BAD POSITION




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- ▶ Know the body language signs and verbal cues that may indicate a threat is imminent
- ▶ Don't get so focused on your technology (any technology) that you ignore subjects who may become a threat
- ▶ In any unfamiliar setting or poorly lit area, it's easy to miss potential threats or hiding places
- ▶ Trust your intuition: If something "doesn't feel right," don't force yourself into a bad situation


MISSING DANGER SIGNS



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- ▶ Always expect the worst and the unexpected
- ▶ Never assume a "low risk" or "no risk" situation
- ▶ Never assume any alarm is false before arriving – no matter how many times it has been in the past
- ▶ The call is not over and the threat at zero until you have cleared the scene physically – meaning you are no longer there
- ▶ Unless the person is a known and trusted friend, they are a potential threat

RELAXING TOO SOON



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- ▶ If a suspect is hiding their hands, it's a danger sign!
- ▶ If you can't see their hands, you have an immediate, potentially lethal problem.
- ▶ Criminal assailants use tools to attack; tools in their hands
- ▶ If their hands are empty and they attack you, it will most often be with their hands!

FAILURE TO WATCH SUSPECT'S HANDS




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- ▶ Multiple techniques are taught for handcuffing suspects
- ▶ No technique survives first resistance from the suspect
- ▶ Never handcuff to the front; always handcuff behind
- ▶ Always double-lock the handcuffs once applied
- ▶ Don't remove handcuffs until/unless in a controlled situation



IMPROPER OR NO USE OF HANDCUFFS




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- ▶ Conducting a search should be methodical and systematic
- ▶ Search from top of head to tip of toes
- ▶ Wear proper protective gloves while searching
- ▶ When you accept custody of a subject, **SEARCH THEM**
- ▶ Maintain familiarity with improvised weapons, tools, etc.

NO SEARCH OR POOR SEARCH

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